

Qualified Reservist Distribution Request Form

The **Heroes Earnings Assistance and Relief (HEART) Act** allows for military personnel who are called to active duty for more than 180 days to make withdrawals from a health FSA via a **Qualified Reservist Distributions (QRD)**.

Name	Social Security Number
Employer	Six digit Employee I.D. Number
State of Delaware	
Reserve Component* (i.e. branch of service)	Date called to active duty

QRD Disbursement Request

The maximum amount of your distribution is determined by the State of Delaware's Plan Design. If you have questions, please contact your Benefit Representative or the Statewide Benefits Office. **Qualified Reservist Distributions** payment is considered to be taxable income.

☐ I elect to withdraw my total available balance in my Health FSA
(Total amount contributed less amount reimbursed as of the date of the request)

☐ I elect to withdraw only a portion of my Health FSA.

Amount Requested

\$

Participant Certification

I certify that I am a member of the reserve component outlined above and have received orders or the call to duty for a period of 180 days or more. I am an employee participating in my employer's health flexible spending account within the current plan year. I understand that prior year fund balances as well as amounts forfeited prior to June 18, 2008 are not eligible for disbursement as a **QRD**. I understand that **QRDs** are only available for funds in the **Health Care Flexible Spending Account**.

Additionally, I understand the **QRD** is a taxable withdrawal from my **Health Care Flexible Spending Account**.

I certify that all of the above requirements have been met and am requesting withdrawal of the funds as indicated above. **Attached is a copy of my order or call to duty.** I understand the **QRD** will not be distributed unless I provide a copy of my orders or call to duty along with this form.

Participant Signature

Date

Employer Signature

Date

Return completed form to Statewide Benefits Office. Fax to (302) 739-8339

*Paragraph 24 of section 101 of title 37 of the United States Code defines the term "reserve component" to mean: the Army National Guard of the United States; the Army Reserve; the Navy Reserve; the Marine Corps Reserve; the Air National Guard of the United States; the Air Force Reserve; the Coast Guard Reserve; or the Reserve Corps of the Public Health Service.